

# ENT Symptoms

---

**Presented by**

**Ahmed Said El Nahas**

Lecture of ENT Sohag University

# ENT Symptoms

---

## ■ Nasal Obstruction

Causes:

1. congenital..... choanal atresia
2. Inflammatory..... Acute and chronic rhinitis
3. Traumatic..... D.S, F.B in nose
4. Allergic
5. Idiopathic..... Adenoids, Turbinate hypertrophy.
6. Nasal polypi.
7. Neoplastic.... Inverted papilloma.

# Nasal Discharge

---

## Causes:

1. Watery..... Common cold, nasal allergy, CSF rhinorrhea
2. mucopurulent..... Sinusitis.
3. Blood stained..... Malignancy.
4. Offensive..... F.B in nose.

# Anosmia (Loss of sense of smell)

---

1. Transport impairment from nasal passages obstruction.
2. Sensorineural impairment due to injury of olfactory neuroepithelium..... viruses, airborne toxins.
3. Central olfactory neural impairment.....mass impinging on olfactory tract

## **Sinus Headache:**

As with any inflammation, there is swelling that in this case decreases the ability of the sinuses to drain and increased inflammatory fluid production .

The pain of a sinus headache is often described as an increasing pressure sensation overlying the area with an associated tenderness to the touch. The pain occurs upon changing position of the head or when first getting up out of bed .

You need to ask about these

- Allergies
- Smoking
- Occupation.
- History of previous surgery.
- History of trauma.
- Detailed medical history.
- Seasonal or daily variation.

# Nasal Examination

---

## **Inspection:**

Look for any of these

- Obvious deformity, swelling.
- Scars, skin disease.
- Discharge, crusting.
- Offensive smell.

Use head mirror+ Thudicum speculum, or an otoscope.

**Assessment of nasal airway.**

**Assessment of smell**

( objectively)